



# Columbia Nursery

## Air-Purifying Houseplants

A guide to plants that help clean indoor air, presented by Columbia Nursery.

### Red-Edged Dracaena

This striking plant is more than just decorative—it helps clean the air by removing formaldehyde, benzene, and a range of other indoor pollutants.

### Spider Plant

Known for its graceful arching leaves, the spider plant is excellent at filtering out harmful gases such as formaldehyde and xylene, helping to freshen up your indoor environment.

### Boston Fern

Boston ferns not only add greenery to your home but also act as natural humidifiers. They absorb toxins like benzene, formaldehyde, and xylene, leaving the air cleaner and more comfortable to breathe.

### English Ivy

This hardy vine works hard indoors by reducing formaldehyde and benzene levels. It can also help neutralize chemicals commonly emitted by synthetic household materials.

### Areca Palm

Often called the 'living humidifier,' the Areca palm adds moisture to the air while removing airborne toxins like formaldehyde and xylene. Its feathery fronds make it a beautiful and functional addition to any space.

### Golden Pothos

Easy to care for and highly effective, Golden Pothos helps purify indoor air by reducing formaldehyde, benzene, and xylene, making it a great choice for offices and homes alike.

### Aloe Vera

Beyond soothing skin irritations and burns, Aloe Vera is also known to help filter harmful chemicals from the air, absorbing toxic gases often released by household products.

### Snake Plant (Mother-in-Law's Tongue)

This tough, low-maintenance plant is a powerful air cleaner, absorbing formaldehyde, nitrogen oxides, and other airborne pollutants, even at night.



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## Peace Lily

A well-known air-purifying plant, the Peace Lily helps remove toxins like benzene and formaldehyde from the home. It's also believed to reduce certain cancer-causing agents found in indoor air.

## Rubber Plant

The Rubber Plant is especially good at filtering formaldehyde, one of the most common indoor air pollutants, making it an ideal choice for cleaner air.

## Heart-Leaf Philodendron

With its trailing vines and heart-shaped leaves, this plant is a natural at absorbing formaldehyde, especially from products like particleboard and synthetic furniture.